





<b>NAME</b>	<b>B</b>		
Rainbow Resource Center	207-581-9517	Memorial Union Room 224	Safe space on campus for LGBTQ students and allies
Multicultural Student Center	207-581-1437	Memorial Union Room 312	Resources and advocacy for traditionally underrepresented populations
Intersectional Feminist Resource Center	207-581-1437	Memorial Union Room 227	Education around feminist topics in a non-judgmental environment
Adult & Youth Crisis	1-888-568-1112	24/7 crisis/support	Support for self or others experiencing a mental health crisis
Trevor Project (LGBTQ+) Trevor Text (LGBTQ+)	1-866-488-7386 Text START to 678-678	24/7 crisis/support	Mental health support for the LGBTQ+ population

**NAME**

**B**

Crisis Text Line

Text 741741

24/7 crisis/support

Live, trained  
counselor to text with  
from a secure online  
platform

Employee Assistance Program  
(EAP) Cigna

1-877-6t